



	<b>lunedì</b>	<b>martedì</b>	<b>mercoledì</b>	<b>giovedì</b>	<b>venerdì</b>
<b>09:00</b>					
<b>10:00</b>	Gym music Valentina		Gym music Valentina		Gym music Valentina
<b>11:00</b>		Posturale Ombretta		Posturale Ombretta	
<b>12:00</b>					
<b>13:00</b>					
<b>14:00</b>	Gym enjoy Valentina	Pre-atletica Aldo	Gym enjoy Valentina	Pre-atletica Aldo	
<b>15:00</b>					
<b>16:00</b>					
<b>17:00</b>	Karate		Karate		Karate
<b>18:00</b>	Zumba Giulia	Pilates Giulia	Zumba Giulia	Pilates Giulia	
<b>19:00</b>	Kick Boxing Gianni	Gym Training Giulia	Kick Boxing Gianni	Gym Training Giulia	Kick Boxing Gianni
<b>20:00</b>	Danze Free Style Serena	Laboratorio teatrale	Danze Free Style Serena		
<b>21:00</b>	Danza Country			Salsa Sasà	